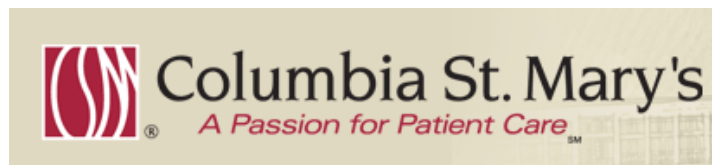




Application

In Partnership with:



Calculate Your Community's Heartbeats Worksheet

(Attach additional documentation or any forms used to show criteria listed as needed)



1. EARLY ACCESS

- Provide education on warning signs: Know the warning signs of heart attack, sudden cardiac arrest, or stroke.
- Provide education on importance of calling 911 – Take Action
- Provide information on prevention and heart health
- Provide materials on Emergency Procedures – Call 911, CPR, Prevention

Heartbeats - Heart Health and Emergency Awareness:

- 10 Heartbeats are awarded for each public event held with a minimum of 25 participants
- Bonus: 10 Heartbeats for the local agency responsible for dispatching police, fire, and/or EMS has trained in dispatch assisted CPR and evaluates all cardiac arrest calls.
- Bonus: 10 Heartbeats for assuring that schools and municipal buildings have effective emergency response plans (ERP) that may include CPR and AEDs.

| Event Date | Event Title/Topic | # of Participants | Heartbeats |
|--|-------------------|-------------------|------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| TOTAL- Events | | | |
| BONUS- Dispatch Assisted CPR(10) | | | |
| BONUS- School & Municipal Buildings (10) | | | |
| TOTAL EARLY ACCESS HEARTBEATS | | | |

2. EARLY CPR

- Conduct approved CPR and AED training sessions in community group settings. These trainings do not have to fulfill requirements to meet CPR certification as the goal is emergency bystander education and activation.
- Identify CPR/AED training offered to existing community agencies or businesses requiring credentials or certification.

Heartbeats - CPR / AED Training:

- Points are awarded based on percentage of population trained. Courses can be for certification or awareness; all courses must include a hands-on component of CPR and AED use. You are responsible for documentation of your events and courses. Only final numbers need to be recorded on the application. Courses should be completed within two calendar years from date of application.

- List the number training and your community population on the appropriate line and calculate points in the boxes below.
- Bonus: 10 heartbeats for registering all CPR training through American Heart Association or American Red Cross
- Bonus: 10 heartbeats for connecting with all schools in your community about the CPR in schools bill and the Anyone Can Save a Life program for Athletic Directors.

| Percentage of Population Trained | # Trained / Community Population | Heartbeats |
|--|----------------------------------|------------|
| 5% | | 50 |
| 10% | | 200 |
| 15% | | 300 |
| 20% | | 400 |
| Each additional 5% | | +100 |
| TOTAL- Heartbeats based on % trained | | |
| BONUS- CPR Training Registered(10) | | |
| BONUS- Contacted all Schools in Community (10) | | |
| TOTAL EARLY CPR HEARTBEATS | | |

3. EARLY DEFIBRILLATION

- AED placement in public areas where people congregate or may be at a higher risk. These may be at shopping malls, supermarkets, theaters, health clubs, schools, libraries, town pools, beaches, town halls, convention sites, hotels, athletic arenas, long-term care facilities, public transportation stations, or senior centers. AED placement in all First Responder vehicles. First Responder vehicles are equipped with AEDs and personnel are currently up-to-date with CPR and cardiac arrest management guidelines.
- Location of Public Access AEDs are identified and recorded or registered with a plan that includes a maintenance component. Public Access AEDs are identified on a city map and/or signs are visible on the exterior of the building. City dispatch or emergency personnel are aware of location of public AEDs.



Heartbeats - AED Placement:

- 10 Heartbeats are awarded for each AED location identified. Public access AEDs should include signage identifying the building as AED equipped and Electrodes and Batteries should be in working order. **This does not include first responder, police/fire units, or other EMS units.**
- 10 Heartbeats for a city/area map with all public access AEDs identified (to promote awareness).
- 10 Heartbeats for all local law enforcement and fire vehicles responding to cardiac emergencies are equipped with AEDs.
- 10 Heartbeats for communities that promote the use of a registry tool with a maintenance component.

| # of AEDs located | Heartbeats per AED | Heartbeats |
|--|--------------------|------------|
| | x 10 | |
| BONUS- Map with AED Locations (10) | | |
| BONUS- Responder Vehicles with AEDs(10) | | |
| BONUS- Promotion of AED Registry Use (10) | | |
| TOTAL EARLY DEFIBRILLATION HEARTBEATS | | |

4. EARLY ADVANCED CARE

- Rapid response by First Responders. First Responders, equipped with AEDs and CPR training, are dispatched with a response time of 3 minutes or less.
- Transfer of care to highly trained EMS personnel or paramedics. Advanced care is dispatched to all medical emergencies.

Heartbeats - for Recognition and Awareness of EMS Response

ALS Response: Ten (10) Heartbeats are awarded for ALS response to all medical emergencies.

Who Provides Your Emergency Medical Services?

| Contact Person(s) | Agency | Address |
|---|--------|---------|
| | | |
| | | |
| TOTAL EARLY ADVANCED CARE HEARTBEATS | | |

5. POST-CARDIAC ARREST CARE

To improve survival from SCA, patients should be transported to hospitals that provide a comprehensive, structured, integrated, multidisciplinary system of post-cardiac arrest care. Treatment should include cardiopulmonary and neurological support including therapeutic hypothermia and percutaneous coronary interventions. Most hospitals offering this type of care are located within the metro hubs and many smaller communities will have EMS that transport directly or transfer care after stabilization. Please ask your EMS agency what their general protocols are for transport of cardiac arrest patients. If you have a hospital that offers care for SCA survivors, see if you can have a tour of the facility and learn more about the care offered.

Heartbeats - for Recognition and Awareness of Cardiac Centers of Excellence

Ten (10) Heartbeats awarded for facilities within your community that provides the recommended post-cardiac arrest care or for looking into the cardiac arrest care given to an SCA Survivor at a facility in your community or for touring a Cardiac Center for Excellence.

| | |
|--|--|
| TOTAL POST-CARDIAC ARREST CARE HEARTBEATS | |
|--|--|

6. SUSTAINABILITY PLAN FOR YOUR COMMUNITY

Sustainability plans are in place to ensure that communities will continue efforts to increase awareness and readiness for cardiac emergencies. Each community is responsible for determining who will be responsible for the ongoing work and development of new goals and/or team members.

- Create an ongoing process to evaluate and improve your community response to the “Chain of Survival”
- Develop plans to continue CPR/AED training
- Identify locations that would benefit for AED placement (use maps to find gaps) and assist with placement
- Plan events or work with outside groups to ensure awareness and improve outcomes from Sudden Cardiac Arrest
- Plan addition prevention activities; blood pressure screens, 5k walk/run, preventive screening day, encouragement to know your numbers, etc. (SEE bonus heartbeats)
- Increase knowledge of the locations of the AEDs you have identified

Heartbeats

This section is REQUIRED

- Sustainability: Up to Fifty (50) Heartbeats are awarded a community plan for sustainability. See points per activity listed on chart below. (attach additional page if necessary)

| Activity/Resource | Details | Responsible Group | Completion Date |
|---|---------|-------------------|-----------------|
| Ongoing CPR/AED training | | | (5 pts) |
| Ongoing AED placement and location; connect to 911 dispatch | | | (5 pts) |
| Partnerships with state and national groups for awareness | | | (5 pts) |
| Continued presence at community events - CPR, 5K's, Health Events | | | (5 pts) |
| Identify new concerns around heart health in the community | | | (10 pts) |
| Identify goals for year 1, include specific areas of work or activities | | | (10 pts) |
| Identify goals for year 2, include specific areas of work or activities | | | (10 pts) |
| TOTAL SUSTAINABILITY PLAN HEARTBEATS | | | |

7. BONUS HEARTBEATS

These Heartbeats are earned as you continue to improve the heart health of your community. These are extra activities that can be connected to overall state plans; in partnership with healthcare agencies or insurance plans; or based on specific community concerns. The items listed below are based on state-wide efforts and ongoing programs around Minnesota. Resources for these and other programs can be found at websites in the resources section.

Heartbeats

- Twenty (20) Heartbeats for Health Weight: create opportunities for citizens to reduce their weight. This could include getting sidewalks in neighborhoods, bike paths, neighborhood park creation, nutritional counseling walking/running programs, access to support groups, free access to community gymnasiums and fitness centers, and more.
- Twenty (20) Heartbeats for Access to Care. This would include access to screening, counseling for risk reduction, and referral to quality physicians to reduce risk.
- Twenty (20) Heartbeats for Tobacco Control. This can include adherence to the smoke-free worksite law, zero sales to minors, cessation and treatment opportunities available, and community counseling
- Fifty (50) Heartbeats for City/Town ordinance requiring AEDs in buildings where first responder access may be impeded due to building use; occupancy, location layout, high volume, multi-story, construction, or other reasons.

| | |
|--|--|
| Letter of Intent sent prior to application (20 heartbeats) | |
| Heartbeats for Healthy Weight (20 heartbeats) | |
| Heartbeats for Access to Care (20 heartbeats) | |
| Heartbeats for Tobacco Control (20 heartbeats) | |
| Heartbeats for AED Ordinance (50 heartbeats) | |
| TOTAL BONUS HEARTBEATS EARNED | |

HeartSafe Community Formal Application

To help communities develop programs to meet these needs, a set of criteria has been put together from many resources and best practices. Please include any supporting material and the Heartbeat calculation worksheet.

Name/Address of Municipality Seeking Recognition:

COMMUNITY

ADDRESS STATE ZIP CODE

Lead Organization for Coordination of Heat Safe Recognition:

NAME CONTACT INFORMATION

CHAMPION/CONTACT PERSON NAME/TITLE CONTACT INFORMATION

Indicate your community's population and the total number of Heartbeats earned for certification. (Used attached worksheet.)

COMMUNITY POPULATION TOTAL NUMBER OF HEARTBEATS EARNED

I attest that all information contained in the application is correct. Supporting documentation on AED placements and training is on file for review.

Government Representative:

NAME AND TITLE (PRINT) SIGNATURE

REVIEWER USE ONLY **Recommended** **Not Recommended** (*Explanation Attached*)

Recommendation:

NAME/TITLE (PRINT) SIGNATURE

AWARD PRESENTED:

DATE PLACE

Heart Safe Community Formal Application (.cont.)

Please use this sheet to report your community's Heartbeats

Heartbeats Earned:

1. EARLY ACCESS

| | |
|--|--|
| TOTAL- Events | |
| BONUS- Dispatch Assisted CPR(10) | |
| BONUS- School & Municipal Buildings (10) | |
| TOTAL EARLY ACCESS HEARTBEATS | |

2. EARLY CPR

| | |
|--|--|
| TOTAL- Heartbeats based on % trained | |
| BONUS- CPR Training Registered(10) | |
| BONUS- Contacted all Schools in Community (10) | |
| TOTAL EARLY CPR HEARTBEATS | |

3. EARLY DEFIBRILLATION

| | | |
|--|------|--|
| # of AEDs located | x 10 | |
| BONUS- Map with AED Locations (10) | | |
| BONUS- Responder Vehicles with AEDs(10) | | |
| BONUS- Promotion of AED Registry Use (10) | | |
| TOTAL EARLY DEFIBRILLATION HEARTBEATS | | |

4. EARLY ADVANCED CARE

| | |
|---|--|
| TOTAL EARLY ADVANCED CARE HEARTBEATS | |
|---|--|

5. POST-CARDIAC ARREST CARE

| | |
|--|--|
| TOTAL POST-CARDIAC ARREST CARE HEARTBEATS | |
|--|--|

6. SUSTAINABILITY PLAN

| | |
|---|--|
| TOTAL SUSTAINABILITY PLAN HEARTBEATS | |
|---|--|

7. BONUS

| | |
|-------------------------------|--|
| TOTAL BONUS HEARTBEATS | |
|-------------------------------|--|

Total Heartbeats Earned:

Please mail this application and worksheets to the address listed below.
Be sure and call if you have any questions or would like assistance with the application.

Mail: Heart Safe Wisconsin
518 Boxelder Ln
Grafton, WI53024

Phone: 414-899-4163
Fax: 262-546-1865
email: info@heartsafewisconsin.org

